

Oliving SPA

Change the way you feel...

At *Oliving SPA* you immerse into an oasis of healing and well-being where you can soothe your body and soul.

Our soothing treatments have been designed in cooperation with GERMAINE de CAPUCCINI and MESSINIAN SPA.

Surrender yourself into the skillful hands of our expert therapists and let us pamper you with revitalizing and rejuvenating treatments in a peaceful and tranquil atmosphere.

In the menu below you will find our detailed SPA treatments.

Massages

Back & Neck massage 30min | 55 €

A deeply relaxing massage that focuses on stress relief and muscle tension.

Swedish Massage 55min | 85 €

Enjoy this traditional body massage which relieves muscles pain, improves flexibility and mobility and decreases stress.

Deep Tissue Massage 55min | 95 €

The deep tissue massage acts deep within the muscle tissue, relaxes the muscles and releases tension grips and chronic muscle disease.

Hot Stone 50min | 85€

Hot Stone 70min | 105€

It combines the benefits of traditional massage with the use of volcanic hot stones which regulate blood circulation and oxygen flow, having a catalytic positive effect on the nervous system.

4 Hands Therapy – Full Body 30min | 100€

4 Hands Therapy – Full Body 55min | 160€

Four-hand massage therapy. Indulge in the coordinated and rhythmic movements of 2 therapists and enjoy a unique experience.

Love your legs 30min | 50€

Forget the sensation of tired and heavy legs.

Facial Massage 30min | 55€

Relax your face and rejuvenate your skin.

Manicure 45min | 35€

Pedicure 45min | 45€

Treat your body package 90min | 110€

The package includes:

1 Body scrub *Messinian Spa*

1 Swedish massage

Therapies by Germaine De Capuccini

Mediterranean Candle massage 55' | 95€

A Mediterranean inspired massage with aromatic melted wax. Choose among *The colour of Provence (Lavender)* to relax the body and mind, *Sunset in Egypt (Citrus)* with Vitamin A to relieve stress and hydrate your body or *Flavours of Andalucia (Olive and Rosemary)* rich in antioxidants, Vitamin E and K.

Anti-Stress Aromatherapy 55' | 90€

A relaxing body massage with beneficial essential oils.

Velvet Skin 30' | 55€

Rejuvenate your skin with our body scrub therapy. Choose between *Bamboo scrub* for a velvety skin or *Spa Exfoliating* which offers a mild hydration.

Divine package by Germaine De Capuccini 140' | 180€

The package includes:

1 Velvet skin

1 Aromatherapy

1 Hydrating Facial Treatment

Therapies by Messinian Spa

Messinian Spa Massage 40' | 65 €

Enjoy a relaxing massage with an aromatic moisturizing cream with extra virgin Kalamata olive oil, which offers deep hydration and softness.

Body Scrub 30' | 45 €

Enjoy a peeling for your skin with extra virgin Kalamata olive oil, olive beans, pear and burning bush.

After Sun 30' | 50 €

Suitable for dehydrated and sun-exposed skin. It contains soothing and moisturizing agents, such as aloe, chamomile extract and glycerin.

Facial Treatments

Hydrating Facial Treatment

50min | 65€

Our hydrating facial treatment is designed to replenish your skin's moisture and offer you a radiant and glowing complexion. Its active ingredients hydrate stressed tired skin and retain moisture.

Deep Facial Cleansing

70min | 90€

Procedure that penetrates your skin deeply to remove the dirt and debris that accumulates in your pores. This treatment is the best solution to achieve a clear, radiant complexion.

Hyaluronic Facial Treatment

70 min | 130€

Hydration treatment with HYALURONIC. Replenishes and plumps, restoring skin softness and balance. The skin is elastic, radiant and naturally revitalized.

For Men

60 min | 110€

Specially designed for men, this energizing and detoxifying facial treatment by Germaine de Capuccini targets the visible effects of skin fatigue formulated with natural active ingredients. Its fresh, lightweight texture delivers improved firmness, suppleness, and a noticeably refreshed complexion.

Spa Facilities

- Indoor pool
- Sauna
- Steam room
- Relaxation lounge
- 3 treatment rooms
- Fitness room with state-of-the-art Technogym equipment
- Changing rooms with lockers & showers

Spa Guidelines

Etiquette

Please respect all spa guests' right to privacy and serenity during your visit at Oliving SPA. Mobile phones and smoking are not permitted.

Prior to arrival

We recommend that you leave jewelry and valuables in your room safe before coming to the spa. The hotel will not be held responsible for valuables lost within the spa area.

Arrival

Please arrive 15 minutes before your treatment in order to complete a health assessment form. Please be advised that late arrivals will result in a reduction of therapy time.

Cancellations

Please allow 24 hours' notice for cancellations; otherwise 50 percent of the treatment will be charged. Failure to keep your appointment will result in a 100% treatment charge.

Oliving Spa Gift Vouchers

A Gift Voucher for Treatments at Oliving SPA is the perfect present for any occasion. Gift vouchers are available for any of our treatments and packages.