

# ETHEREA SPA

NUMOMYKONOS



# OUR PHILOSOPHY

WELLNESS AT NUMO IS SYNONYM TO BE YOURSELF.  
IT IS IN OUR DNA AND OUR PASSION TO TAKE OUR GUESTS  
ON A JOURNEY WHERE THEY FEEL CARED AND LOVED,  
SO WHEN THEY RETURN HOME THEY CAN CONTINUE  
THAT JOURNEY.

# BODY, MIND, SOUL

## “THE BODY IS PART OF THE SOUL.”

### THE BRANDS

#### **Swiss Line**

Rooted in Switzerland, Swissline is driven by a passion for skin biology and beauty. Its award-winning formulas contain naturally bioactive ingredients found in the skin, such as collagen, mimetic growth factors, and clinically tested peptides.

#### **Onar Wellness**

The science of well-being meets ancient Greek wellness practices in Onar Wellness. Our therapies seamlessly combine traditional techniques with advanced scientific expertise, offering a targeted and innovative approach to relaxation and balance. Experience holistic well-being through a journey of self-discovery, leading to a healthier and happier you.

#### **Etherea Spa Mykonos**

is your private sanctuary for relaxation and rejuvenation of both body and mind.

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# SKINCARE & FACIALS

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## LIFTING EFFECT FACIAL TREATMENT

MIN—70

This treatment begins with a double cleansing procedure and exfoliation, followed by lifting massage techniques tailored to individual needs. Cold dermaglobes are applied around the eye area for a bright and smooth effect. During the collagen-rich mask, a scalp and arm massage enhances relaxation, providing a deep sense of well-being.

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## SWISS SMART FACIAL

MIN—60/75

A revitalizing treatment that restores the epidermal barrier, boosts hydration, and refreshes the skin. Featuring Swissline's signature age-intelligent boosters, this facial is ideal for skin that needs an instant reset.

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## MEN'S FACIAL

MIN—60

A firming and deep-moisture facial treatment designed to restore elasticity and reveal a more youthful, sculpted look. Ideal for all skin types, this treatment reduces puffiness and eliminates toxins through lymphatic drainage.

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## DREAM TIME FACIAL TREATMENT

MIN—60

A soothing facial that works on both an emotional and physical level, restoring balance to the throat chakra—the body's sleep center. Jasmine flower extract oil is absorbed into the skin while light massage techniques promote deep relaxation for body, mind, and soul.

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# SCRUBS & MUD TREATMENTS

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## GOLDEN BODY TREATMENT

A luxurious treatment designed to repair and soften the skin. Featuring the anti-inflammatory properties of gold, this treatment helps revitalize the body and repair daily micro-damage. It includes an exfoliation with gold sugar scrub and a soothing massage with fragrant oils enriched with gold particles, leaving the skin hydrated and radiant.

MIN—90

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## HYDRATING & COOLING SCRUB & WRAP

A collagen-boosting treatment that enhances hydration and prepares the skin for sun exposure. Infused with floral water and aloe vera for a cooling and deeply moisturizing effect.

MIN—90

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# MASSAGES & BODY CARE

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## SIGNATURE MYKONIAN TREATMENT

MIN—60

Designed to relax, firm, and tone the body while reducing stress. This unique treatment combines relaxing and deep tissue massage techniques, relieving pain and muscle tension while improving circulation and flexibility.

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## EVEKSIA ONAR MASSAGE

MIN—50

A revitalizing anti-stress massage that uses aloe vera, mint, thyme, and eucalyptus combined with gentle stretching techniques for deep relaxation. A fusion of sports massage and rhythmic relaxing movements enhances circulation and relieves stress.

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## AROMATHERAPY MASSAGE

MIN—60

A deeply relaxing treatment that nourishes the skin and uplifts the senses. Infused with rose for emotional balance, sandalwood for healing, and jasmine for renewal, this massage promotes inner peace.

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## DEEP TISSUE TREATMENT

MIN—60/90

Ideal for muscular fatigue and joint pain, this treatment combines Thai massage, meridian therapy, and deep tissue movements. It detoxifies, boosts energy, and enhances mood, leaving the body and spirit revitalized.

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## MOTHER-TO-BE MASSAGE

MIN—50

A calming and nurturing experience designed to release tension, reduce stiffness, and improve sleep patterns. This treatment is ideal for expectant mothers who have completed their first trimester.

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# EXPRESS TREATMENTS (ADD-ONS)

## BACK, NECK AND SHOULDERS MASSAGE

A massage tailored to relieve tension in the shoulders, back, and neck while boosting the body's release of feel-good hormones.

MIN—30

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## DETOXIFYING SCRUB

This energizing full-body scrub targets cellulite, stress, and exhaustion. It stimulates circulation, detoxifies, and uplifts the mind, body, and spirit.

MIN—30

## FOOT MASSAGE

Focused on the feet, this treatment relieves tension in the calves, soles, and thighs while balancing energy levels in the body, revitalizing the senses, and boosting mood.

MIN—30

## EYE LIFT TREATMENT

A targeted lifting treatment for the eye area that stimulates marma points, reduces dark circles, puffiness, and fine lines.

MIN—30

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## SCALP MASSAGE

Relieves tension in the head and neck, promoting deep relaxation and an overall sense of lightness.

MIN—30

## CALMING FACIAL

This treatment uses delicate techniques with refreshing products for deep moisturising the skin. It is a perfect quick fix for sun damaged and tired skin types.

MIN—30



# SPA ETIQUETTE

Please arrive 15 minutes before your appointment.

◆  
Our spa team will provide a health history form before your treatment.

◆  
To maintain a tranquil atmosphere, we kindly ask that conversations remain at a low volume. Mobile phones should be placed on silent mode.

◆  
The spa is a non-smoking area.

◆  
Cancellations must be made at least 24 hours in advance to avoid a cancellation fee.

Cancellations made less than 24 hours prior will be charged 50% of the treatment cost.  
No-shows will be charged 100% of the treatment cost.



